

# BREAKFAST MENU

## CHIA SEED PUDDING

- SOAKED CHIA, KIWI FRUIT, COCONUT  
YOGHURT, MANGO + COCONUT  
(VEGAN, GF)

## MEXICAN BOWL

- BROWN RICE, SWEET POTATO,  
SPICED BEAN MIX, POACHED EGG,  
AVOCADO + CRUNCHY TORTILLA

## CASTAWAYS PRAWN EGGS BENEDICT

- LOCAL PRAWNS, ROCKET,  
RADISH + CHERRY TOMATO SALAD,  
ENGLISH MUFFIN, PAPRIKA  
HOLLANDAISE

## GRILLED PEACHES

- SHAVED ALMONDS, HONEY,  
CRÈME FRAICHE, CRACKED BLACK  
PEPPER, THYME (V, GF)

## SMOKED SALMON BAGEL

- OPEN SMOKED SALMON,  
CAPER BERRIES, LEMON, ROSEMARY +  
CHILLI CREAM CHEESE + WATERCRESS

## 15 SMASHED AVOCADO

- POACHED EGGS, CRUMBLLED FETA,  
SOURDOUGH (V)

## 19 CASTAWAYS BANOFFEE WAFFLES

- SALT ROASTED PEANUTS, BRULEED  
BANANAS, DOLCETTO CARAMEL,  
CHANTILLY CREAM

## BIG BEACHSIDE BREAKFAST

24 - POACHED EGGS, BACON, THICK PORK  
SAUSAGE, MUSHROOM, GRILLED TOMATO,  
BEANS, POTATO ROSTI, SOURDOUGH

## VEGIE STACK

15 - GRILLED HALOUMI, CHARRED  
BROCCOLINI, ROASTED FIELD  
MUSHROOMS, SPINACH + POACHED EGGS  
(V, GF)

## EGGS ANYWAY

24 - POACHED, SCRAMBLED OR FRIED W/  
SOURDOUGH

## 18 BREAKFAST BAGUETTE

- CHORIZO, MUSHROOM,  
ASPARAGUS, POACHED EGGS,  
ROCKET + PARMESAN

## 20 EGGS BENEDICT

- SPINACH, ENGLISH MUFFIN,  
HOLLANDAISE SAUCE (V)  
ADD BACON OR HAM

## SIDES - ONLY TO BE ADDED TO A MAIN DISH

BACON, SPINACH, TOMATO, HAM,  
HOUSE MADE BEANS,  
SOURDOUGH, AVOCADO, POTATO  
ROSTI, MUSHROOMS

EGG, HOLLANDAISE SAUCE,

SMOKED SALMON

GLUTEN FREE BREAD AVAILABLE  
ON REQUEST



# BREAKFAST DRINKS

## COCKTAILS FROM 10AM

### MIMOSA

- PROSECCO TOPPED WITH  
GUAVA, MANGO OR ORANGE

GLS **9**

CARAFE (750ML) **35**

### BLOODY MARY

**14**

- VODKA, TOMATO JUICE,  
TOBASCO, WORCESTERSHIRE,  
LEMON, OLIVES

### CLASSIC ESPRESSO MARTINI

**17**

- VODKA, KAHLUA, VITTORIA  
ESPRESSO, SHAKEN

## JUICE

**4**

ORANGE, PINEAPPLE,  
CRANBERRY, APPLE,  
TOMATO, GUAVA

## COFFEE

ESPRESSO, LONG BLACK, LATTE,  
CAPPUCINO, MACCHIATO, FLAT  
WHITE, MOCHA

**4.5**

MUG

**.5**

SOY

**.5**

ALMOND

**.5**

EXTRA SHOT

**.5**

DECAF

**.5**

FLAVOUR (VANILLA, HAZELNUT  
OR CARAMEL)

**.5**

HOT CHOCOLATE

**5.5**

CHAI LATTE

**5.5**

DIRTY CHAI LATTE

**6**

ICED COFFEE, ICED CHOCOLATE

**7.5**

## LA MAISON DE THE - TEA

**LOOSE LEAF TEA, POT FOR ONE -**  
ENGLISH BREAKFAST, EARL GREY,  
GREEN

**4.5**

**TEA BAGS -**

**4.5**

LEMON + GINGER, PEPPERMINT,  
CHAMOMILE, DARJEELING

## MILKSHAKES

**7.5**

CARAMEL, STRAWBERRY,  
CHOCOLATE VANILLA

## SMOOTHIES

**8.5**

MIXED BERRIES, MANGO, BANANA,  
STRAWBERRY

